



The EveryGirl's Guide to Life

Maria Menounos

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"One stop shopping! Maria shows us girls how to successfully juggle it all while looking fabulous. I love her lazy woman workout and yummy recipes!" —Kim Kardashian

"[Maria] is a beautiful, hard working lady who has a will and way to make things work for herself! She has some great tips that are easy to apply and help make your life better" —Heidi Klum

Access Hollywood host Maria Menounos shares her own experiences and a set of hard-learned practical tips that every girl can apply to achieve her own successful, healthy life. Whether it's getting organized, getting professional, finding romance, keeping that tummy flat, rocking the perfect style, or beyond, Maria has the tips you need to become the woman you want to be.

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Lionel Gutierrez:

Playing with family in a park, coming to see the coastal world or hanging out with close friends is thing that usually you might have done when you have spare time, after that why you don't try factor that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love The EveryGirl's Guide to Life, you are able to enjoy both. It is great combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout folks. What? Still don't buy it, oh come on its known as reading friends.

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