

# Traditional Japanese Karate: Illustrating 227 Techniques With Easy Terminology

Yasushi Abe

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## **Traditional Japanese Karate: Illustrating 227 Techniques** With Easy Terminology

Yasushi Abe

Traditional Japanese Karate: Illustrating 227 Techniques With Easy Terminology Yasushi Abe In this book, I will introduce traditional karate terminology and its technique. My intent is to aid current karate students' technical progress and deepen prospective students' interest in karate.



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