



The New Sex Bible for Women: The Complete Guide to Sexual Self-Awareness and Intimacy

Amie Harwick

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You've heard it over and over again... the key to a great sexual experience is satisfying your partner. Is it true though? For most women, great sex lies in not only satisfying your partner, but also having a good understanding of your own body, needs, and desires. Whether you're younger or older, married or not, *The New Sex Bible for Women* is an all-encompassing and fully comprehensive guide for women covering everything from masturbation, oral sex, self-esteem and self-care, sex positions, safety and concerns, and sex aides. Using scientific studies, case studies, testimonials, input from celebrities and professionals in the sexual health field, and illustrations, **Amie Harwick** walks you through every question and provides you with the information you need to become a better lover and bring even more enjoyment out of sex.

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