



Navigating the Healthcare Maze: What You Need to Know

Jeff Knott

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The primary purpose of this book is to empower readers and encourage them to become proactive consumer-patients. This book isn't an attempt to be politically correct, but is dedicated to providing tools that readers can put to use when they encounter challenges when making their best efforts to navigate their way into, through and out of the maze that has become our healthcare system. Americans are concerned more about healthcare than the mortgage crisis, credit card debt, rising food prices, or losing money in the stock market. Now is the time to get educated, find out what the future might hold, and get active in the decision-making that surrounds your healthcare. With physicians making misdiagnoses between fifteen and twenty percent of the time, the examination room treadmill speeding up, and emergency rooms stressed out and overcrowded, here is a wakeup call that encourages the adoption of a more responsible, proactive, energetic, and consumer oriented attitude when it comes to personal and family health - before it is too late.

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