

Do You Know What You Don't Know...About Women's Health Issues?

Cindy A. Krueger



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Do You Know What You Don't Know ... About Women's Health Issues? Cindy A. Krueger

This book opens women's eyes. When it comes to health and safety, conventional wisdom is unacceptable. Women will learn how to decrease their risks from common illness, disease and chronic conditions, how to avoid medical advice that can do more harm than good, why nutritional deficiency is amajor threat to your health and how to avoid toxins that are directly related to illness and disease. The author leads the readers through the successful use of drug-free alternatives that are safe, gentle and simple presenting clearly the scientific basis for them.

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