



Identifying Perinatal Depression and Anxiety: Evidence-based Practice in Screening, Psychosocial Assessment and Management

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Identifying Perinatal Depression and Anxiety brings together the very latest research and clinical practice on this topic from around the world in one valuable resource.

- Examines current screening and management models, particularly those in Australia, England and Wales, Scotland, and the United States
- Discusses the evidence, accuracy, and limitations of screening methods in the context of challenges, policy issues, and questions that require further research
- Up to date practical guidance of how to screen, assess, diagnose and manage is provided.
- Considers the importance of screening processes that involve infants and fathers, additional training for health professionals, pathways to care following screening, and the economics of screening
- Offers forward-thinking synthesis and analysis of the current state of the field by leading international experts, with the goal of sketching out areas in need of future research

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