



# Narcissism and Intimacy: Love and Marriage in an Age of Confusion

Marion Solomon

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In our culture we demand a great deal from our intimate relationships?and we are often disappointed.

This book not only reveals the social and psychological factors that lead to marital unhappiness, but also offers guidelines for change. Solomon starts by uncovering certain pervasive narcissistic myths and exploring what it means to be intimate in a culture that values autonomy and self-fulfillment above all. She shows that experiences in early childhood can lead to narcissistic vulnerability in later relationships. Case examples from her practice clarify how two individuals' feeling states and defenses mesh in the marital system and how the attempt to defend against emotional injury creates barriers to intimacy. The second part of the book focuses on treatment and on ways to change.



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