

# 10 Day Green Smoothie Cleanse: Delicious Smoothie Recipes To Shed 15+ Pounds In 10 Days

Michelle Bakeman



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Are you tired of trying useless diets in an effort to get healthy and lose weight? Well, so am I.

This recipe book is filled with delicious smoothies to help you shed up to 15+ pounds in just 10 days!

Say goodbye to silly diets and cleanse your body. You will feel healthier, more energetic, lose weight, and even reduce food cravings.

10 days begin now, let's get started!

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