



**Diabetes Diet: The Best Diabetic Foods To Eat,
Herbs To Take, And Drinks To Swallow (Diabetes,
Diabetes Diet, Diabetes free, Diabetes Cure,
Diabetes for ... 2, Diabetes Magazine, Weight Loss
Book 1)**

Dr. Jyothi Shenoy

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Dr. Shenoy has worked with many patients regarding diabetes, has created a list of delicious foods you can eat, as well as a ton of mouth-watering Diabetes Diet Recipes to satisfy every craving.

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- An Easy-To-Understand Explanation of How Food Can Completely Control Diabetes
- The Role of Mediterranean Diet For Treating Diabetes
- The Do's And Don'ts Of The Diabetic Diet
- The Diabetic Superfoods
- Herbs To Include In Your Diet To Control Your Diabetes
- The Foods You Should Avoid When You Have Diabetes
- Delicious Breakfast And Snack Recipes For People With Diabetes
- Hot And Healthy Soups For Better Diabetes Control
- Delicious Rice And Bread Recipes For People With Diabetes
- Tempting Main Dish Recipes For People With Diabetes
- Tasty And Healthy Salad Recipes
- Yummy Desserts For People With Diabetes
- Beverages & Drinks Recipes

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