



Compact Clinical Guide to Infant and Child Pain Management: An Evidence-Based Approach for Nurses

Linda L. Oakes MSN RN-BC CCN

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Named a 2013 Doody's Core Title!

"I would recommend this great little book for nurses who wish to carry a book with them in their clinical practice. It's a great addition to the growing list of books addressing pain in pediatrics."--**Pediatric Pain Letter**

[This book] is a practical guide to pediatric pain assessment and management for the advanced practice nurse and primary caregivers who are interested in caring for patients with pain, but whose care specialty is not pain management. For the nurses whose specialty is pain management, this text provides a quick pediatric reference of our knowledge and tools of our trade. Even though it is a 'compact guide,' this text is well referenced with current key position statements, clinical practice guidelines, and primary references of the latest pediatric pain management research."--**Pain Management Nursing**

Presented in a concise, systematic format, this clinically oriented book provides nurses and physicians quick access to up-to-date information on how to assess and manage pain in infants and children, including adolescents who suffer from acute and chronic pain conditions. This book provides a comprehensive review of medications for infants and children as well as nonpharmacological interventions to achieve optimal pain management for young patients undergoing needle-related procedures as well as painful conditions related to surgery, trauma, cancer, sickle cell disease, and chronic pain.

Key Features:

- Describes the consequences of untreated pain on development of children
- Summarizes pain assessment tools recommended for verbal and preverbal patients as well as those who are critically or terminally ill
- Provides general principles and specific dosing recommendations for non-opioids, opioids, and coanalgesics for optimal safety and effective reduction in pain
- Describes the indications, medications, and ongoing care and monitoring related to the increasing use of epidural and continuous peripheral nerve block infusions for pediatric patients
- Provides information on how to use age-appropriate strategies for cognitive, cognitive-behavioral, and physical approaches to reduce pain
- Includes useful resources, such as websites, and other tools, such as pain diaries and patient education information, to support multidisciplinary teams and parents who care for children with acute and chronic pain

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Crystal Thomas:

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