



Sacred Path, Joyful Journey: How To Find Meaning Purpose And Passion In Life

Paul Dyer

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Written for individuals, counselors, and small group leaders, Sacred Path, Joyful Journey is a groundbreaking new book by psychologist Dr. Paul Dyer. SPJJ will take you on a journey of reflection and soulful inquiry to discover your life's true purpose so that you can live your most fulfilling life. Dr. Dyer shares many fascinating real-life stories that make SPJJ's ideas both accessible and compelling. Each chapter ends with insightful Questions to Ponder and Activity Suggestions that will help you immediately put the book's ideas into practice. A detailed Small Group Guide in the back of the book provides a process for exploring SPJJ's ideas with others. Your life is meant to be lived with meaning and passion, SPJJ will help you:

- Gain clarity of your life's true purpose
- Improve your two-way communication with God
- Make choices that bring real joy to your life
- Immediately improve your life with practical exercises
- Add more energy to your life
- Discover your unique set of gifts and talents
- Uncover God's "traveling directions" hidden in your subconscious
- Start living a more fulfilling live today

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