



Anxiety Disorders in Children and Adolescents: Epidemiology, Risk Factors and Treatment (Biobehavioural Perspectives on Health and Disease Prevention)

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Recent years have seen a growing awareness of the common occurrence of anxiety disorders in children and adolescents. There has been a parallel increase in the number of studies examining the risk factors, comorbidity, course and outcome of such disorders, as well as the developments of numerous preventative and intervention strategies.

The aim of *Anxiety Disorders in Children and Adolescents* is to present a comprehensive summary of the most recent empirical findings in this area. Written by eminent researchers and clinicians from Europe and America, the book is divided into three broad sections. The first provides a general overview of anxiety disorders in the young, outlining classification and assessment strategies as well as research methods and design. Part two contains chapters on the seven subtypes of anxiety disorder, including panic disorder, obsessive-compulsive disorder and posttraumatic stress disorder. The final section deals with the progress that has been made in the understanding of such disorders and provides recommendations for future investigation.

Anxiety Disorders in Children and Adolescents is intended for students, researchers and other professionals in the fields of psychology, psychiatry, pediatrics and social work.

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