



# The Power of Positive Anecdotes

*Rakesh K Mittal*

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# The Power of Positive Anecdotes

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## **The Power of Positive Anecdotes** Rakesh K Mittal

"Every meaningful life is a series of trials and triumphs both have to be accepted with equal poise for perennial joy. The Power of Positive Anecdotes explains that no matter how much one may try or wish, there is no real control over the events of life and one has to face them as they come. A positive person accepts these gracefully and grows wiser in the process. However, the reverse is that what befalls upon a negative person with negative thoughts and actions.

In this motivational book, the author has narrated several anecdotes from his own life or from those closely connected to him. From every incident he draws a positive inspiration for himself as well as others. Very applied titled, each incident has been described in a simple, short and lucid manner which keeps the reader engaged throughout the book.

A very powerful and moving book that provides ample scope for self development.

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"Born in 1949 in a small town of Uttar Pradesh, Mr Mittal graduated from the University of Roorkee in Mechanical Engineering in the year 1970. He had a brilliant academic carrer.After serving for a few years as an engineer, Mr Mittal joined the Indian Administrative Service(IAS) in the year 1975. He Is widely travelled and has a clear and practical approach in spiritual matters. In the year 2000, he attended the "World Peace Summit " at the UN, as a member of the Indian delegation.

Though a silent and sincere person from childhood, Mr Mittal's spiritual sprouting began in 1980. His mission in life is to develop ppositive thinking in our society so that the world becomes a better place to live in. He has written several books on positive thinking in English and Hindi.

Other volumes in the series:

- 1) The power of Positive Management
- 2) The power of positive words

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