



# Yes to Sex... Just Not Yet!: A Practical Guide to Sexual Integrity for Young Adults

*Sam Beckworth*

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Despite all the misguided ideas about Him, God is good, relational and has your best interests at heart. Furthermore, when it comes to sex, young people may be pleasantly surprised to hear what their Creator has to say about the subject. Like a present to be opened at Christmas, God has a perfectly crafted season for you to enjoy this special gift. Let it be known that God says, "Yes to Sex!" His answer isn't "No," just "Not yet!" If you're willing to take the challenge, you can say the same. As a young adult you have a lot to deal with. I realize you already know that but perhaps it's appreciated when someone identifies with the tough world you live in. There aren't too many people these days that want to be in your shoes. Between the challenges of school and thoughts of the future, looking for a real friend, family drama and still, after all that, endeavoring to enter adulthood with some framework of character and fear of God, your life can probably get overwhelming. Let's not even touch the larger than life issues like trying to find out who you are or fitting in. I do not want to make you feel any more insecure than you might feel already or predict a grim report about your future. I just think it's important to recognize your life for what it is. You have a huge future ahead of you in God but you also face a legitimate uphill climb to reach it. Simply put, your life demands courage. With that said, it is quite possible that sexual integrity isn't necessarily a fight you will choose to take on. Christian or not, it may seem easier to live sexually active and not bother swimming against the current of sexual acceptance or even deal with the peer pressure of resisting. Your thoughts might be: "There are bigger things intimidating me right now and I'm not sure if I have the energy or vision to fight off this battle. I'll just let whatever happens happen—and pay the price later and hope for God's mercy. Maybe He can help me fix whatever problems I might create now through sexual activity later after I'm married." I don't condemn you for thinking that way sometimes. Besides, you're probably one of the many young adults who loves God and wants to do what's right. If you could snap your fingers and remain sexually inactive until you marry the right one I'm sure you would. Although it doesn't work that way, perhaps if you at least had some helpful tools and enough inspiration, you would probably give Biblical sexual purity a real shot. Well, I believe that God has a message for you to hear and my hope is that some of those helpful tools will be found in this book. Sexual integrity according to the Bible is not about perfectionism. Just as easily as Christians can get sloppy and loose in this area, the best of us, on the flip side, can get legalistic and critical. We won't do well in either extreme. God simply wants your whole heart. God loves and wants the real you, both when you're at your best, and when you're at your worst. He wants you to welcome Him in every part of your life, including that part of you concerning sex, relationships and future marriage. God sees your desire to please Him and your passion to reach for Him in this area. You wouldn't be reading this book right now if it weren't true. Again, God's will is your sexual purity; but thankfully His way is always best. His instructions are for our benefit. His heart is for our good. Therefore this God-journey is intended to bless you. May this book be fuel for your specific and adventurous journey. You are special to God. Your desire for sex and marriage is God-given. He understands you and is bringing you into a place of significance and value.

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