



Acting-In: Practical Applications of Psychodramatic Methods, Third Edition

Adam Blatner MD

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Psychodrama can be one of the most powerful tools used in psychotherapy. Charmingly illustrated with a wealth of case examples, this volume presents current training techniques and shows how to use them, whether as a complement to traditional verbal approaches, in individual or group therapy, in educational or community settings, or in many other contexts. Thoroughly updated and expanded, this third edition reviews the most recent developments in psychodrama theory, clarifies various new psychodramatic processes, and features extensive new references and an updated bibliography. In this volume, Dr. Blatner continues to provide the best practical primer of basic psychodramatic techniques.

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