

Learning the Hidden Curriculum: The Odyssey of One Autistic Adult

Judy Endow



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Drawing from her personal experiences, Judy Endow, author of the 2010 and 2011 Hidden Curriculum Calendars, provides lots of hidden curriculum items that pertain to most areas of adult life. In relating how she personally has learned to more successfully maneuver social interactions, she also presents a framework for developing the ability to more quickly assess a situation and take steps to avoid making social blunders BEFORE they have been committed. A sampling of strategies includes Pause and Match, Laugh Along, Recognize and Expand Black-and-White Thinking, and It Is Not Necessary to Report All My Truths. Judy s framework enables readers to learn to create their own social rules and, as a result, live freer, more successful lives. The fact that the book is written by an autistic person who has learned by trial and error makes it all the more valuable.

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