



One-Minute Aquinas

Kevin Vost

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25 popes consider St. Thomas Aquinas the Church's preeminent theologian because he saw truths about God, our Faith, and the Christian life which had never been seen before.

But do you have time to read the 3,000 pages in his *Summa Theologica*? Do you struggle to understand the abstract theological terms he uses in *On Being and Essence*?

Perhaps you, like so many of us, desire to be taught by such a great philosopher as Aquinas, but feel he is well beyond your reach. Not anymore.

In *The One-Minute Aquinas*, veteran Catholic author Dr. Kevin Vost provides you with simple, readable explanations of St. Thomas's life-giving wisdom.

In these lucid pages, you will read small, digestible portions of St. Thomas's answers to questions such as . . .

Why did Jesus allow himself to be tempted? And you'll learn countless, but quick, refutations to the relativistic and secular ideas that are so destructive to our culture today. We are not all called to be intellectuals, but we are called to have an ever deeper understanding of our Faith.

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